

West Districts Cross Country Championships East Kilbride
Saturday 9h December 2006

Pos	No	Name	Cat	Club	Time
1	31	Karin Belch	U13	Giffnock North AAC	13:46
2	71	Deborah Hannah	U13	Kirkintilloch Olympians	13:50
3	82	Mhari Brown	U13	Ron Hill Cambuslang Harriers	13:54
4	37	Abigail Duff	U13	Giffnock North AAC	13:55
5	2	Sarah Hodge	U13	Glasgow School of Sport	14:09
6	70	Maria Milliken	U13	Kirkintilloch Olympians	14:21
7	35	Frances Lowrey	U13	Giffnock North AAC	14:25
8	21	Rhona Calder	U13	East Kilbride A.C.	14:26
9	33	Petrena Marshall	U13	Giffnock North AAC	14:32
10	64	Bethany Ross	U13	J W Kilmarnock H&AC	14:35
11	38	Anna Black	U13	Giffnock North AAC	14:36
12	95	Kirsty Jamieson	U13	Whitemoss AC	14:40
13	29	Jennifer Waddell	U13	East Kilbride A.C.	14:42
14	83	Claire Wetherspoon	U13	Ron Hill Cambuslang Harriers	14:48
15	65	Stephanie Sloan	U13	J W Kilmarnock H&AC	14:51
16	20	Julia Calder	U13	East Kilbride A.C.	14:51
17	54	Vanessa Hogan	U13	Kilbarchan AAC	14:52
18	48	Paige Douglas	U13	Irvine AC	14:52
19	89	Amanda Monaghan	U13	Shettleston Harriers	14:54
20	69	Amanda Humes	U13	J W Kilmarnock H&AC	14:56
21	30	Sophie Jones	U13	Garscube Harriers	14:56
22	19	Claire Burt	U13	East Kilbride AC	15:00
23	74	Julie Dobbin	U13	Law & District AAC	15:01
24	47	Victoria Conway	U13	Irvine AC	15:05
25	26	Hayley Middleton	U13	East Kilbride A.C.	15:08
26	50	Elaine Eadie	U13	Kilbarchan AAC	15:12
27	1	Caitlin Vaughan	U13	Glasgow School of Sport	15:12
28	27	Hannah Milligan	U13	East Kilbride A.C.	15:13
29	92	Helen Pawelczyk	U13	Shettleston Harriers	15:13
30	49	Stephanie Dalgoutte	U13	Irvine AC	15:14
31	90	Danielle McConway	U13	Shettleston Harriers	15:16
32	44	Emma Meechan	U13	Inverclyde AC	15:20
33	34	Stephanie Fairfield	U13	Giffnock North AAC	15:22
34	42	Sarah Glenny	U13	Inverclyde AC	15:26
35	80	Mali MacKenzie	U13	Nithsdale AC	15:27
36	17	Amy MacLellan	U13	City Of Glasgow AC	15:33
37	16	Johana Brady	U13	City Of Glasgow AC	15:36
38	6	Marie Hill	U13	Ayr Seaforth AAC	15:39
39	4	Katie Sprang	U13	Ayr Seaforth AAC	15:46
40	28	Rachael Thomson	U13	East Kilbride A.C.	15:47
41	45	Millissa Montague	U13	Inverclyde AC	15:54
42	67	Gemma McCutcheon	U13	J W Kilmarnock H&AC	15:56
43	88	Kirstin Wood	U13	Shettleston Harriers	16:02
44	5	Lauren Goldie	U13	Ayr Seaforth AAC	16:07
45	25	Laura McLaughlin	U13	East Kilbride A.C.	16:08
46	79	Carly McCrindle	U13	Nithsdale AC	16:16
47	51	Jennifer Eadie	U13	Kilbarchan AAC	16:18
48	23	Jacqueline Fergusson	U13	East Kilbride A.C.	16:29
49	8	Rosalind MacDonald	U13	Ayr Seaforth AAC	16:31
50	68	Fern Wales	U13	J W Kilmarnock H&AC	16:42
51	86	Gemma Connelly	U13	Ron Hill Cambuslang Harriers	17:03
52	10	Nicola Reilly	U13	Calderglen Harriers	17:12
53	91	Emma Colquhoun	U13	Shettleston Harriers	17:35
54	12	Sarah Miller	U13	Calderglen Harriers	18:20
55	55	Beth Milligan	U13	Kilbarchan AAC	19:18
56	53	Jennifer Frew	U13	Kilbarchan AAC	20:57
57	59	Gemma Petrie	U13	Kilbarchan AAC	21:08

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Sum of Pos			
Club	Cat	Name	Total
Giffnock North AAC	U13	Karin Belch	1
		Abigail Duff	4
		Frances Lowrey	7
Giffnock North AAC Total			12
East Kilbride A.C.	U13	Rhona Calder	8
		Jennifer Waddell	13
		Julia Calder	16
East Kilbride A.C. Total			37
J W Kilmarnock H&AC	U13	Bethany Ross	10
		Stephanie Sloan	15
		Amanda Humes	20
J W Kilmarnock H&AC Total			45
Ron Hill Cambuslang Harrie	U13	Mhari Brown	3
		Claire Wetherspoon	14
		Gemma Connelly	51
Ron Hill Cambuslang Harriers Total			68
Irvine AC	U13	Paige Douglas	18
		Victoria Conway	24
		Stephanie Dalgoutte	30
Irvine AC Total			72
Shettleston Harriers	U13	Amanda Monaghan	19
		Helen Pawelczyk	29
		Danielle McConway	31
Shettleston Harriers Total			79
Kilbarchan AAC	U13	Vanessa Hogan	17
		Elaine Eadie	26
		Jennifer Eadie	47
Kilbarchan AAC Total			90
Inverclyde AC	U13	Emma Meechan	32
		Sarah Glenny	34
		Millissa Montague	41
Inverclyde AC Total			107
Ayr Seaforth AAC	U13	Marie Hill	38
		Katie Sprang	39
		Lauren Goldie	44
Ayr Seaforth AAC Total			121

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Pos	No	Name	Cat	Club	Time
1	104	Elizabeth Potter	U15	City Of Glasgow AC	17:02
2	212	Nicola Hood	U17	Nithsdale AC	17:52
3	202	Jessica Martin	U17	Kilbarchan AAC	17:58
4	160	Nicola Lindsay	U15	Law & District AAC	18:04
5	201	Natalie Sharp	U17	Kilbarchan AAC	18:12
6	218	Julie Whyteside	U17	Whitemoss AAC	18:16
7	111	Claire McAuley	U15	Giffnock North AAC	18:22
8	182	Josephine Moultrie	U17	City Of Glasgow AC	18:31
9	219	Laura McCord	U17	Whitemoss AAC	18:33
10	203	Christina Rankin	U17	Kilbarchan AAC	18:35
11	181	Rebecca Finch	U17	City Of Glasgow AC	18:40
12	131	Sarah Munn	U15	Irvine AC	18:50
13	128	Emma Rice	U15	Inverclyde AC	19:01
14	216	Abbey McGhee	U17	Victoria Park AAC	19:06
15	185	Beth Duff	U17	East Kilbride A.C.	19:07
16	119	Catriona Lockie	U15	Giffnock North AAC	19:13
17	102	Hollie Young	U15	City Of Glasgow AC	19:19
18	106	Rhian Dawes	U15	City Of Glasgow AC	19:21
19	188	Stephanie Wright	U17	East Kilbride A.C.	19:21
20	175	Rachel Barlas	U15	Whitemoss AAC	19:29
21	159	Jodie Frame	U15	Larkhall YMCA Harriers	19:43
22	103	Sarah Potter	U15	City Of Glasgow AC	19:44
23	213	Danielle Melville	U17	Ron Hill Cambuslang Harriers	19:58
24	109	Hayley Frier	U15	East Kilbride A.C.	20:00
25	110	Deborah Stokoe	U15	East Kilbride A.C.	20:01
26	127	Nynke Mullholland	U15	Inverclyde AC	20:04
27	153	Alexandra Lamond	U15	Kirkintilloch Olympians	20:06
28	115	Alex Porteous	U15	Giffnock North AAC	20:09
29	148	Lois Shankland	U15	J W Kilmarnock H&AC	20:18
30	176	Lauren Mooney	U15	Whitemoss AAC	20:21
31	155	Jennifer Hannah	U15	Kirkintilloch Olympians	20:28
32	220	Stephanie Robertson	U17	Whitemoss AAC	20:34
33	191	Rachel McDowall	U17	Giffnock North AAC	20:44
34	199	Michelle Bell	U17	Kilbarchan AAC	20:50
35	144	Amanda Herron	U15	Kilbarchan AAC	20:53
36	126	Deborah Moore	U15	Inverclyde AC	20:54
37	207	Maire Gorman	U17	J W Kilmarnock H&AC	20:55
38	158	Gillian Reid	U15	Kirkintilloch Olympians	21:00
39	112	Joanna Thomson	U15	Giffnock North AAC	21:01
40	114	Anna Hilley	U15	Giffnock North AAC	21:06
41	170	Inga Woods	U15	Shetland AAC	21:10
42	190	Lauren Hollinshead	U17	Giffnock North AAC	21:12
43	162	Abby Currie	U15	Law & District AAC	21:16
44	113	Effie Gray	U15	Giffnock North AAC	21:24
45	146	Deborah Henderson	U15	Kilbarchan AAC	21:31
46	177	Kathleen Murphy	U15	Whitemoss AAC	21:45
47	124	Emily Pollock	U15	Greenock Glenpark Harriers	21:53
48	183	Katie Wyllie	U17	City Of Glasgow AC	22:07
49	100	Stephanie Dougan	U15	Ayr Seaforth AAC	22:31
50	141	Ainsley Hards	U15	Kilbarchan AAC	22:32
51	156	Lauren McIntyre	U15	Kirkintilloch Olympians	22:36
52	149	Sarah McNish	U15	J W Kilmarnock H&AC	22:44
53	157	Jodie Mullen	U15	Kirkintilloch Olympians	22:48
54	154	Diane Ramsay	U15	Kirkintilloch Olympians	22:51
55	147	Sorcha Lynch	U15	Kilbarchan AAC	23:06
56	161	Fiona Parkin	U15	Law & District AAC	23:06
57	151	Mia Tait	U15	J W Kilmarnock H&AC	23:28
58	193	Caroline Adams	U17	Giffnock North AAC	23:58

West Districts Cross Country Championships IEAST KILBRIDE
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Sum of Pos			
Club	Cat	Name	Total
City Of Glasgow AC	U15	Elizabeth Potter	1
		Hollie Young	17
		Rhian Dawes	18
City Of Glasgow AC Total			36
Giffnock North AAC	U15	Claire McAuley	7
		Catriona Lockie	16
		Alex Porteous	28
Giffnock North AAC Total			51
Inverclyde AC	U15	Emma Rice	13
		Nynke Mullholland	26
		Deborah Moore	36
Inverclyde AC Total			75
Kirkintilloch Olympians	U15	Alexandra Lamond	27
		Jennifer Hannah	31
		Gillian Reid	38
Kirkintilloch Olympians Total			96
Whitemoss AAC	U15	Rachel Barlas	20
		Lauren Mooney	30
		Kathleen Murphy	46
Whitemoss AAC Total			96
Law & District AAC	U15	Nicola Lindsay	4
		Abby Currie	43
		Fiona Parkin	56
Law & District AAC Total			103
Kilbarchan AAC	U15	Amanda Herron	35
		Deborah Henderson	45
		Ainsley Hards	50
Kilbarchan AAC Total			130
J W Kilmarnock H&AC	U15	Lois Shankland	29
		Sarah McNish	52
		Mia Tait	57
J W Kilmarnock H&AC Total			138
Grand Total			944

West Districts Cross Country Championships EAST KILBRIDE
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Sum of Pos			
Club	Cat	Name	Total
Kilbarchan AAC	U17	Jessica Martin	3
		Natalie Sharp	5
		Christina Rankin	10
Kilbarchan AAC Total			18
Whitemoss AAC	U17	Julie Whyteside	6
		Laura McCord	9
		Stephanie Robertson	32
Whitemoss AAC Total			47
City Of Glasgow AC	U17	Josephine Moultrie	8
		Rebecca Finch	11
		Katie Wyllie	48
City Of Glasgow AC Total			67
Giffnock North AAC	U17	Rachel McDowall	33
		Lauren Hollinshead	42
		Caroline Adams	58
Giffnock North AAC Total			133
Grand Total			375

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Pos	No	Name	Cat	Club	Time
1	312	Allison Simpson	SEN	J W Kilmarnock H&AC	25:09
2	280	Sara Stevenson	SEN	Giffnock North AAC	25:29
3	319	Michelle Sandison	SEN	Springburn Harriers	26:42
4	247	Helen Stuart	SEN	Bellahouston Road Ru	26:46
5	245	Elke Schmidt	SEN	Bellahouston Road Ru	26:58
6	255	Susan Finch	VET	City Of Glasgow AC	27:09
7	227	Elsbeth Curran	U20	Kilbarchan AAC	27:15
8	306	Kerry Lang	SEN	Kilbarchan AAC	27:29
9	229	Cara Sloss	U20	Kilbarchan AAC	27:32
10	240	Iona Robertson	SEN	Bellahouston Road Ru	27:41
11	320	Clare Gemmell	SEN	Springburn Harriers	27:47
12	318	Chelsea Smith	SEN	Springburn Harriers	28:36
13	291	Julia Henderson	SEN	Helensburgh AAC	28:38
14	242	Claire Thompson	SEN	Bellahouston Road Ru	28:49
15	241	Jo Jeffries	SEN	Bellahouston Road Ru	28:52
16	233	Emma Mackie	U20	J W Kilmarnock H&AC	29:21
17	244	Emma Birnie	SEN	Bellahouston Road Ru	29:24
18	273	Carole Gilmour	SEN	Garscube Harriers	29:43
19	279	Hilary Millar	VET	Giffnock North AAC	29:46
20	290	Michelle Hetherington	VET	Helensburgh AAC	29:49
21	269	Elaine Calder	VET	East Kilbride A.C.	29:55
22	267	Kelly Smith	SEN	East Kilbride A.C.	30:00
23	232	Kara Tait	U20	J W Kilmarnock H&AC	30:03
24	322	Rowan Armstrong	SEN	Stewartry AC	30:10
25	330	Jane Dunlop	SEN	West Dunbartonshire A	30:19
26	272	Kathryn Ellis	SEN	Garscube Harriers	30:28
27	270	Marion Kelly	SEN	Garscube Harriers	30:33
28	278	Mary McCutcheon	VET	Giffnock North AAC	30:34
29	309	Paula Wilson	SEN	J W Kilmarnock H&AC	30:35
30	264	Joanne McEvoy	SEN	East Kilbride A.C.	30:53
31	329	Ana Talbot	SEN	Westerlands XC Club	30:54
32	327	Jane Robertson	VET	Westerlands XC Club	30:59
33	281	Lauren Baird	U20	Giffnock North AAC	27:09
34	283	Sarah Phee	U20	Giffnock North AAC	27:15
35	259	Pamela McCrossan	VET	Clydesdale Harriers	27:29
36	248	Nicola Johnston	SEN	Bellahouston Road Ru	27:32
37	250	Frances Maxwell	VET	Calderglen Harriers	27:41
38	324	Rachel Love	SEN	Stewartry AC	27:47
39	265	Angela Martin	SEN	East Kilbride A.C.	32:22
40	325	Josephine Armstrong	SEN	Stewartry AC	32:25
41	326	Muffy Calder	VET	Westerlands XC Club	32:30
42	258	Marina McCallum	SEN	Clydesdale Harriers	32:39
43	228	Claire McNicol	U20	Kilbarchan AAC	32:44
44	314	Aida Stewart	VET	Kirkintilloch Olympians	32:46
45	292	Jennifer Fitzgerald	SEN	Helensburgh AAC	33:07
46	321	Julie Thomson	VET	Springburn Harriers	33:44
47	294	Janet Fellowes	VET	Helensburgh AAC	33:46
48	313	Arlene Rowan	SEN	J W Kilmarnock H&AC	33:49
49	262	Kathryn Scott	VET	Clydesdale Harriers	33:54
50	246	Sandra Irvine	VET	Bellahouston Road Ru	33:59
51	328	Pauline McAdam	VET	Westerlands XC Club	34:10
52	243	Jane Wild	SEN	Bellahouston Road Ru	34:45
53	295	Emma Cummings	SEN	Helensburgh AAC	34:57
54	249	Mandy Cullie	SEN	Calderglen Harriers	35:51
55	315	Shirley MacNab	VET	Kirkintilloch Olympians	36:26
56	304	Carol Caulfield	VET	Kilbarchan AAC	36:29
57	296	Mary Connolly	VET	Helensburgh AAC	36:57
58	251	Mary Goldsmith	VET	Calderglen Harriers	37:59
59	231	Fiona McIntyre	U20	Kilbarchan AAC	38:30
60	303	Wanda Phillips	VET	Kilbarchan AAC	39:07

West Districts Cross Country Championships Irvine
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Sum of Pos			
Club	Name	Cat	Total
Bellahouston Road Runner	Helen Stuart	SEN	4
	Elke Schmidt	SEN	5
	Iona Robertson	SEN	10
Bellahouston Road Runners Total			19
Kilbarchan AAC	Elspeth Curran	U20	7
	Kerry Lang	SEN	8
	Cara Sloss	U20	9
Kilbarchan AAC Total			24
Springburn Harriers	Michelle Sandison	SEN	3
	Clare Gemmell	SEN	11
	Chelsea Smith	SEN	12
Springburn Harriers Total			26
J W Kilmarnock H&AC	Allison Simpson	SEN	1
	Emma Mackie	U20	16
	Kara Tait	U20	23
J W Kilmarnock H&AC Total			40
Giffnock North AAC	Sara Stevenson	SEN	2
	Hilary Millar	VET	19
	Mary McCutcheon	VET	28
Giffnock North AAC Total			49
Garscube Harriers	Carole Gilmour	SEN	18
	Kathryn Ellis	SEN	26
	Marion Kelly	SEN	27
Garscube Harriers Total			71
East Kilbride A.C.	Elaine Calder	VET	21
	Kelly Smith	SEN	22
	Joanne McEvoy	SEN	30
East Kilbride A.C. Total			73
Helensburgh AAC	Julia Henderson	SEN	13
	Michelle Hetherington	VET	20
	Jennifer Fitzgerald	SEN	45
Helensburgh AAC Total			78
Stewartry AC	Rowan Armstrong	SEN	24
	Rachel Love	SEN	38
	Josephine Armstrong	SEN	40
Stewartry AC Total			102
Westerlands XC Club	Ana Talbot	SEN	31

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Westerlands XC Club	Jane Robertson	VET	32
	Muffy Calder	VET	41
Westerlands XC Club Total			104
Clydesdale Harriers	Pamela McCrossan	VET	35
	Marina McCallum	SEN	42
	Kathryn Scott	VET	49
Clydesdale Harriers Total			126
Calderglen Harriers	Frances Maxwell	VET	37
	Mandy Cullie	SEN	54
	Mary Goldsmith	VET	58
Calderglen Harriers Total			149
Grand Total			991

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Pos	No	Name	Cat	Club	Time
1	102	Max Aitchison	U13	Victoria Park AAC	11:57
2	35	Sandy Nimmo	U13	Giffnock North AAC	11:58
3	34	Grant Muir	U13	Giffnock North AAC	12:09
4	66	Calum McLeod	U13	Kilbarchan AAC	12:19
5	36	Max Lott	U13	Giffnock North AAC	12:21
6	89	Michael Rankin	U13	Ron Hill Cambuslang I	12:27
7	2	Finlay Rae	U13	Ayr Seaforth AAC	12:36
8	61	Stephen Howie	U13	Kilbarchan AAC	12:47
9	96	Gary Smith	U13	Shettleston Harriers	12:48
10	86	Ross Hill	U13	Law & District AAC	12:57
11	62	Jack Lochans	U13	Kilbarchan AAC	12:58
12	40	Frazer Walker	U13	Giffnock North AAC	13:02
13	37	James Gray	U13	Giffnock North AAC	13:16
14	81	Callum Heirs	U13	Kirkintilloch Olympians	13:20
15	97	Nicholas Devlin	U13	Shettleston Harriers	13:35
16	22	Corey Little	U13	East Kilbride A.C.	13:37
17	100	Ryan Taylor	U13	Shettleston Harriers	13:37
18	204	Archie Prince	U13	Garscube Harriers	13:38
19	83	Scott Lawrie	U13	Kirkintilloch Olympians	13:39
20	4	Ben Johnston	U13	Ayr Seaforth AAC	13:39
21	5	Angus Johnston	U13	Ayr Seaforth AAC	13:42
22	57	Gregor McEwan	U13	Kilbarchan AAC	13:42
23	103	Paul McFarlane	U13	Victoria Park AAC	13:42
24	25	Steven Mckenzie	U13	East Kilbride A.C.	13:44
25	59	Ross Heggie	U13	Kilbarchan AAC	13:45
26	84	Scott Molloy	U13	Kirkintilloch Olympians	13:48
27	20	Scott Hernon	U13	East Kilbride A.C.	13:50
28	63	Daniel Fullerton	U13	Kilbarchan AAC	13:50
29	108	Craig Whyteside	U13	Whitemoss AAC	13:50
30	201	James Ross	U13	Garscube Harriers	13:50
31	71	Alasdair McDougall	U13	Kilbarchan AAC	13:54
32	88	Calum Gibson	U13	Nithsdale AC	13:55
33	92	Scott Blackwood	U13	Ron Hill Cambuslang I	13:56
34	107	Nicholas Phillips	U13	Whitemoss AAC	13:59
35	52	Michael Houston	U13	Inverclyde AC	13:59
36	19	Alexander Bell	U13	East Kilbride A.C.	14:05
37	104	Findlay Parker	U13	Victoria Park AAC	14:08
38	58	Matt Wild	U13	Kilbarchan AAC	14:10
39	99	Jack Mills	U13	Shettleston Harriers	14:11
40	98	Stephen Wallace	U13	Shettleston Harriers	14:12
41	67	Andrew Quinn	U13	Kilbarchan AAC	14:16
42	106	Euan Walker	U13	Whitemoss AAC	14:18
43	26	Nathan Milligan	U13	East Kilbride A.C.	14:22
44	11	Josh Ladds	U13	Calderglen Harriers	14:33
45	18	Tony Dolan	U13	Clydesdale Harriers	14:34
46	50	Jack Bushfield	U13	Inverclyde AC	15:11
47	9	Lewis Douglas	U13	Calderglen Harriers	15:34
48	27	Niall Mitchell	U13	East Kilbride A.C.	15:35
49	6	Kelvin Walker	U13	Ayr Seaforth AAC	16:40
50	14	Scott Peters	U13	Calderglen Harriers	17:18
51	10	Stuart Hill	U13	Calderglen Harriers	17:20
52	53	Kyle McCabe	U13	Inverclyde AC	17:20
55	.	#N/A	#N/A	#N/A	#N/A

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Sum of Pos			
Club	Cat	Name	Total
Giffnock North AAC	U13	Sandy Nimmo	2
		Grant Muir	3
		Max Lott	5
Giffnock North AAC Total			10
Kilbarchan AAC	U13	Calum McLeod	4
		Stephen Howie	8
		Jack Lochans	11
Kilbarchan AAC Total			23
Shettleston Harriers	U13	Gary Smith	9
		Nicholas Devlin	15
		Ryan Taylor	17
Shettleston Harriers Total			41
Ayr Seaforth AAC	U13	Finlay Rae	7
		Ben Johnston	20
		Angus Johnston	21
Ayr Seaforth AAC Total			48
Kirkintilloch Olympians	U13	Callum Heirs	14
		Scott Lawrie	19
		Scott Molloy	26
Kirkintilloch Olympians Total			59
Victoria Park AAC	U13	Max Aitchison	1
		Paul McFarlane	23
		Findlay Parker	37
Victoria Park AAC Total			61
East Kilbride A.C.	U13	Corey Little	16
		Steven Mckenzie	24
		Scott Hernon	27
East Kilbride A.C. Total			67
Whitemoss AAC	U13	Craig Whyteside	29
		Nicholas Phillips	34
		Euan Walker	42
Whitemoss AAC Total			105
Inverclyde AC	U13	Michael Houston	35
		Jack Bushfield	46
		Kyle McCabe	52

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Inverclyde AC Total			133
Calderglen Harriers	U13	Josh Ladds	44
		Lewis Douglas	47
		Scott Peters	50
Calderglen Harriers Total			141

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Pos	No	Name	Cat	Club	Time
1	152	Callum Hawkins	U15	Kilbarchan AAC	15:47
2	156	Stephen Fleming	U15	Kilbarchan AAC	16:02
3	176	David Vernon	U15	Nithsdale AC	16:14
4	133	Miles Hollinshead	U15	Giffnock North AAC	16:20
5	180	Stewart Orr	U15	Ron Hill Cambuslang	16:39
6	187	Andrew Dearie	U15	Shettleston Harriers	16:42
7	188	Lachlan Oates	U15	Shettleston Harriers	16:47
8	149	Connor Henderson	U15	Kilbarchan AAC	16:52
9	134	Euan McCallum	U15	Giffnock North AAC	16:58
10	142	Andrew Campbell	U15	Inverclyde AC	17:02
11	112	Mark Ferguson	U15	Ayr Seaforth AAC	17:05
12	178	Andrew Coulter	U15	Ron Hill Cambuslang	17:16
13	135	Matthew Ritchie	U15	Giffnock North AAC	17:18
14	169	Adam Hamilton	U15	Kirkintilloch Olympia	17:23
15	153	Andrew McAlpine	U15	Kilbarchan AAC	17:26
16	151	David Claes	U15	Kilbarchan AAC	17:27
17	182	Jack Hamilton	U15	Ron Hill Cambuslang	17:31
18	113	Andrew Rae	U15	Ayr Seaforth AAC	17:42
19	124	Adam Gatens	U15	East Kilbride A.C.	17:46
20	143	Paul Currie	U15	Inverclyde AC	17:50
21	144	Andrew Daisley	U15	Inverclyde AC	18:04
22	137	Alistair McCallum	U15	Giffnock North AAC	18:09
23	197	Craig Prior	U15	West Dunbartonshire	18:11
24	130	Andrew Shaw	U15	East Kilbride A.C.	18:14
25	170	Josh Elwood	U15	Law & District AAC	18:16
26	150	Thomas McDonald	U15	Kilbarchan AAC	18:20
27	193	Michael Gray	U15	Victoria Park AAC	18:25
28	148	Graham Evans	U15	Kilbarchan AAC	18:27
29	198	Ross McCord	U15	Whitemoss AAC	18:37
30	114	Thomas Andrews	U15	Ayr Seaforth AAC	18:44
31	111	Cameron Paul	U15	Arran Runners	18:52
32	179	Craig Nelson	U15	Ron Hill Cambuslang	18:55
33	172	Bobby Hill	U15	Law & District AAC	19:03
34	167	Craig McIntyre	U15	Kirkintilloch Olympia	19:03
35	157	Simon Urie	U15	Kilbarchan AAC	19:07
36	159	Ross Connelly	U15	J W Kilmarnock H&A	19:08
37	147	Brett Wild	U15	Kilbarchan AAC	19:09
38	189	Gary McBride	U15	Shettleston Harriers	19:11
39	177	Jack Hastings	U15	Nithsdale AC	19:16
40	194	Gavin Murty	U15	Victoria Park AAC	19:17
41	166	Callum Pettigrew	U15	Kirkintilloch Olympia	19:24
42	190	Adam Drummond	U15	Shettleston Harriers	19:28
43	175	Gary Turner	U15	Mid Argyll AC	19:39
44	183	Andrew Wilson	U15	Ron Hill Cambuslang	19:41
45	126	David MacMillan	U15	East Kilbride A.C.	19:55
46	123	Fraser Jamieson	U15	East Kilbride A.C.	20:06
47	200	John Robertson	U15	Whitemoss AAC	20:11
48	139	Andrew Black	U15	Giffnock North AAC	20:14
49	191	Jamie Holding	U15	Shettleston Harriers	20:16
50	141	Craig Anderson	U15	Inverclyde AC	20:18
51	163	Robert Cochrane	U15	J W Kilmarnock H&A	20:38
52	122	Paul Brooks	U15	East Kilbride A.C.	20:45
53	138	Alistair Strang	U15	Giffnock North AAC	21:50
54	.	#N/A	#N/A	#N/A	#N/A
55	.	#N/A	#N/A	#N/A	#N/A

West Districts Cross Country Championships East Kilbride
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Sum of Pos			
Club	Cat	Name	Total
Kilbarchan AAC	U15	Callum Hawkins	1
		Stephen Fleming	2
		Connor Henderson	8
Kilbarchan AAC Total			11
Giffnock North AAC	U15	Miles Hollinshead	4
		Euan McCallum	9
		Matthew Ritchie	13
Giffnock North AAC Total			26
Ron Hill Cambuslang Harrie	U15	Stewart Orr	5
		Andrew Coulter	12
		Jack Hamilton	17
Ron Hill Cambuslang Harriers Total			34
Inverclyde AC	U15	Andrew Campbell	10
		Paul Currie	20
		Andrew Daisley	21
Inverclyde AC Total			51
Shettleston Harriers	U15	Andrew Dearie	6
		Lachlan Oates	7
		Gary McBride	38
Shettleston Harriers Total			51
Ayr Seaforth AAC	U15	Mark Ferguson	11
		Andrew Rae	18
		Thomas Andrews	30
Ayr Seaforth AAC Total			59
East Kilbride A.C.	U15	Adam Gatens	19
		Andrew Shaw	24
		David MacMillan	45
East Kilbride A.C. Total			88
Kirkintilloch Olympians	U15	Adam Hamilton	14
		Craig McIntyre	34
		Callum Pettigrew	41
Kirkintilloch Olympians Total			89
Grand Total			836

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Pos	No	Name	Cat	Club	Time
1	250	Scott Hawkins	U17	Kilbarchan AAC	22:59
2	257	Matthew Graham	U17	Kirkintilloch Olympians	23:30
3	248	Paul Leck	U17	Kilbarchan AAC	23:34
4	262	Ross Hastings	U17	Nithsdale AC	23:45
5	252	Cameron Wilson	U17	J W Kilmarnock H&AC	24:05
6	222	Rory Cartwright	U17	Giffnock North AAC	24:08
7	227	Jamie MacGregor	U17	Giffnock North AAC	24:14
8	275	Max Ralston	U17	Victoria Park AAC	24:17
9	218	David Gorman	U17	East Kilbride A.C.	24:30
10	238	John Cooke	U17	Glasgow School of Sport	24:35
11	269	Ian Francis MacDonald	U17	Ron Hill Cambuslang Harrie	24:38
12	263	Andrew Gibson	U17	Nithsdale AC	25:01
13	231	Colin Sturgeon	U17	Girvan AAC	25:12
14	244	Stuart King	U17	Kilbarchan AAC	25:14
15	239	Stephen Cooke	U17	Glasgow School of Sport	25:20
16	258	Allan Ramsay	U17	Kirkintilloch Olympians	25:26
17	219	Kevin Harvey	U17	East Kilbride A.C.	25:29
18	223	Ian Whiteford	U17	Giffnock North AAC	25:35
19	254	Roger Naughton	U17	J W Kilmarnock H&AC	25:44
20	282	Ryan Grant	U17	Whitemoss AAC	26:02
21	240	David Bateman	U17	Inverclyde AC	26:04
22	224	Ross McLearnie	U17	Giffnock North AAC	26:07
23	268	Corin Gallagher	U17	Ron Hill Cambuslang Harrie	26:10
24	264	Raymond Black	U17	Ron Hill Cambuslang Harrie	26:23
25	280	Gary Mooney	U17	Whitemoss AAC	26:32
26	229	Stuart Whiteford	U17	Giffnock North AAC	26:45
27	216	Jamie Clements	U17	East Kilbride A.C.	26:57
28	253	James Wales	U17	J W Kilmarnock H&AC	26:58
29	226	David Walker	U17	Giffnock North AAC	26:59
30	267	Steven Taggart	U17	Ron Hill Cambuslang Harrie	27:02
31	208	Greg Templeton	U17	Ayr Seaforth AAC	27:06
32	259	Neill Hamilton	U17	Kirkintilloch Olympians	27:19
33	206	Nicholas Emsley	U17	Irvine AC	27:45
34	256	Kevin Cornes	U17	Kirkintilloch Olympians	27:51
35	217	John Fergusson	U17	East Kilbride A.C.	27:53
36	270	Ruairidh Munro	U17	Shettleston Harriers	28:02
37	266	Andrew Robertson	U17	Ron Hill Cambuslang Harrie	28:30
38	220	Fraser Morgan	U17	East Kilbride A.C.	29:37
39	242	Garry Kerr	U17	Irvine AC	30:14
40	221	Niall Walker	U17	East Kilbride A.C.	30:25

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Sum of Pos			
Club	Cat	Name	Total
Kilbarchan AAC	U17	Scott Hawkins	1
		Paul Leck	3
		Stuart King	14
Kilbarchan AAC Total			18
Giffnock North AAC	U17	Rory Cartwright	6
		Jamie MacGregor	7
		Ian Whiteford	18
Giffnock North AAC Total			31
Kirkintilloch Olympians	U17	Matthew Graham	2
		Allan Ramsay	16
		Neill Hamilton	32
Kirkintilloch Olympians Total			50
J W Kilmarnock H&AC	U17	Cameron Wilson	5
		Roger Naughton	19
		James Wales	28
J W Kilmarnock H&AC Total			52
East Kilbride A.C.	U17	David Gorman	9
		Kevin Harvey	17
		Jamie Clements	27
East Kilbride A.C. Total			53
Ron Hill Cambuslang Harrie	U17	Ian Francis MacDonald	11
		Corin Gallagher	23
		Raymond Black	24
Ron Hill Cambuslang Harriers Total			58

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Pos	No	Name	Cat	Club	Time
1	10	Conor McNulty	U20	Kilbarchan AAC	3333
2	156	Mark Pollard	SEN	Inverclyde AC	3344
3	252	Stephen Wylie	SEN	Ron Hill Cambuslang Harriers	3418
4	5	Craig Ruddy	U20	Inverclyde AC	3446
5	245	Jamie Reid	SEN	Ron Hill Cambuslang Harriers	3452
6	148	Christopher MacKay	SEN	Greenock Glenpark Harriers	3455
7	3	Stephen Trainer	U20	Greenock Glenpark Harriers	3459
8	158	Graeme Hyett	SEN	Inverclyde AC	3459
9	258	Andy Little	VET	Shettleston Harriers	3504
10	227	John Brown	VET	Ron Hill Cambuslang Harriers	3531
11	246	David Rodgers	SEN	Ron Hill Cambuslang Harriers	3536
12	262	Kenneth McCoy	SEN	Shettleston Harriers	3537
13	263	Paul Sorrie	SEN	Shettleston Harriers	3549
14	25	Stuart Greenway	U20	Shettleston Harriers	3554
15	59	Kenny Richmond	SEN	Bellahouston Road Runners	3600
16	98	Grant Baillie	SEN	East Kilbride A.C.	3606
17	250	KERRY WILSON	SEN	Ron Hill Cambuslang Harriers	3609
18	248	Edward Stewart	VET	Ron Hill Cambuslang Harriers	3619
19	12	Fraser Williams	U20	Kilbarchan AAC	3641
20	231	Robert Gilroy	SEN	Ron Hill Cambuslang Harriers	3648
21	86	James Austin	VET	Clydesdale Harriers	3705
22	257	Martin Graham	SEN	Shettleston Harriers	3714
23	202	Edward Tonner	SEN	J W Kilmarnock H&AC	3719
24	50	Mark Whitelaw	SEN	Annan & District AC	3722
25	259	Ian Johnston	SEN	Shettleston Harriers	3730
26	185	Calum Morrison	SEN	Kilbarchan AAC	3742
27	239	John MacNamara	SEN	Ron Hill Cambuslang Harriers	3751
28	130	Colin Brash	SEN	Girvan AAC	3752
29	190	James Snodgrass	SEN	Kilbarchan AAC	3756
30	209	Iain Connell	SEN	J W Kilmarnock H&AC	3804
31	203	Keith Haining	SEN	J W Kilmarnock H&AC	3807
32	27	Gordon Phillips	U20	Shettleston Harriers	3809
33	264	Desmond Crowe	VET	Shettleston Harriers	3821
34	218	Jamie McMorrow	SEN	Law & District AAC	3823
35	58	Colin McGill	SEN	Bellahouston Road Runners	3825
36	29	Martin Hayes	U20	Victoria Park AAC	3827
37	189	John McMillan	SEN	Kilbarchan AAC	3828
38	109	Lindsay Cunningham	SEN	Garscube Harriers	3828
39	16	Steven McNeill	U20	J W Kilmarnock H&AC	3854
40	1	Andrew McCall	U20	Greenock Glenpark Harriers	3858
41	269	Brian Mackie	SEN	Springburn Harriers	3902
42	166	Thomas Jamieson	SEN	Inverclyde AC	3911
43	64	David Tamburini	SEN	Bellahouston Road Runners	3911
44	261	Marc McColl	SEN	Shettleston Harriers	3914
45	277	Derek Watson Snr.	VET	Victoria Park AAC	3914
46	85	Stuart Gibson	SEN	Calderglen Harriers	3930
47	4	Sean Gaffney	U20	Inverclyde AC	3931
48	61	Marcos Sanz Gomez	SEN	Bellahouston Road Runners	3940
49	212	Alistair Allan	SEN	Kirkintilloch Olympians	3948
50	288	David Riach	VET	Westerlands XC Club	3951
51	282	Chris Upson	VET	Westerlands XC Club	3957
52	293	Alan Tait	SEN	Motherwell AC	4000
53	268	Andrew Callan	SEN	Springburn Harriers	4006
54	196	Donald Petrie	VET	Kilbarchan AAC	4009
55	178	Alex Allardyce	SEN	Irvine AC	4013

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56	117	Euan Mackay	VET	Garscube Harriers	4022
57	6	William Morgan	U20	Irvine AC	4028
58	89	Craig Calderwood	SEN	Clydesdale Harriers	4041
59	154	Damien Theaker	VET	Helensburgh AAC	4048
60	72	Alan Cullie	SEN	Calderglen Harriers	4100
61	150	Paul Thompson	VET	Helensburgh AAC	4102
62	256	Peter Carton	VET	Shettleston Harriers	4106
63	204	Scott Martin	SEN	J W Kilmarnock H&AC	4112
64	247	ANDY STEVENS	SEN	Ron Hill Cambuslang Harriers	4121
65	292	Kenny O'Neill	SEN	Motherwell AC	4123
66	54	Laurence Baker	VET	Ayr Seaforth AAC	4156
67	100	David J. Condra	VET	East Kilbride A.C.	4202
68	62	Stewart Robertson	SEN	Bellahouston Road Runners	4204
69	171	Jude Boulton	SEN	Inverclyde AC	4210
70	175	Douglas Con	VET	Irvine AC	4214
71	280	Daniel Reid	VET	Westerlands XC Club	4220
72	281	David Calder	VET	Westerlands XC Club	4229
73	249	Gary Wallace	SEN	Ron Hill Cambuslang Harriers	4238
74	121	Robert McLennan	VET	Garscube Harriers	4241
75	57	Russell Whittington	SEN	Bellahouston Road Runners	4241
76	167	Robert Shaw	VET	Inverclyde AC	4241
77	217	Robert Rogerson	VET	Kirkintilloch Olympians	4245
78	88	Augustine Cairney	VET	Clydesdale Harriers	4254
79	155	Erwin Losekoot	SEN	Helensburgh AAC	4300
80	188	Andrew Clugston	SEN	Kilbarchan AAC	4305
81	176	John Moore	VET	Irvine AC	4306
82	179	Brian Craig	VET	Irvine AC	4306
83	60	Alastair MacLachlan	VET	Bellahouston Road Runners	4319
84	101	Graeme Haddow	VET	East Kilbride A.C.	4322
85	192	Steven Hards	VET	Kilbarchan AAC	4332
86	66	Kenneth Davidson	SEN	Calderglen Harriers	4340
87	279	Charles Murray	VET	Victoria Park AAC	4341
88	55	Campbell Joss	VET	Bellahouston Harriers	4350
89	53	Kevan Fulton	SEN	Ayr Seaforth AAC	4357
90	107	Marco Consani	SEN	Garscube Harriers	4409
91	52	Connell Drummond	SEN	Ayr Seaforth AAC	4415
92	234	Scott Hunter	SEN	Ron Hill Cambuslang Harriers	4422
93	90	Michael Diver	VET	Clydesdale Harriers	4527
94	206	Leslie McDerment	SEN	J W Kilmarnock H&AC	4536
95	79	Ian Rae	VET	Calderglen Harriers	4540
96	151	Ross McInroy	VET	Helensburgh AAC	4546
97	99	Gordon Colvin	VET	East Kilbride A.C.	4552
98	.				4508
99	180	James Sneddon	VET	Irvine AC	4515
100	95	Bobby Rossborough	VET	Clydesdale Harriers	4519
101	153	Kenneth White	VET	Helensburgh AAC	4525
102	119	James Taylor	SEN	Garscube Harriers	4538
103	69	Jim Holmes	SEN	Calderglen Harriers	4552
104	207	Alasdair Murray	SEN	J W Kilmarnock H&AC	4558
105	295	Paul Elmsley	VET	Arran Runners	4611
106	219	Paul Houston	SEN	Law & District AAC	4618
107	229	Alexander Eaglesham	VET	Ron Hill Cambuslang Harriers	4620
108	164	John Smillie	VET	Inverclyde AC	4621
109	290	Brian Bonnyman	SEN	Westerlands XC Club	4626
110	211	IAIN REID	VET	Kirkintilloch Olympians	4633
111	127	James Galbraith	VET	Giffnock North AAC	4642

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112	91	John Foley	VET	Clydesdale Harriers	4645
113	126	Martin Myant	VET	Giffnock North AAC	4649
114	132	ANGUS MCTAGGART	SEN	Girvan AAC	4716
115	78	Graham Lindsay	VET	Calderglen Harriers	4725
116	81	Gerard Mullen	VET	Calderglen Harriers	4742
117	273	Alex Drain	VET	Troon Tortoises AC	4747
118	195	Robert Allison	VET	Kilbarchan AAC	4750
119	284	Hamilton Semple	VET	Westerlands XC Club	4755
120	182	Iain Fraser	VET	Irvine AC	4758
121	56	Jeremy Garnett	VET	Bellahouston Harriers	4812
122	124	Andrew Donald	VET	Giffnock North AAC	4822
123	283	Alan Anderson	VET	Westerlands XC Club	4832
124	75	KENNY BEATTIE	SEN	Calderglen Harriers	4834
125	51	John Murphy	VET	Annan & District AC	4841
126	112	Paul Goddard	SEN	Garscube Harriers	4917
127	331	David Herbertson	SEN	Calderglen Harriers	4943
128	71	George Stewart	VET	Calderglen Harriers	4946
129	213	Kenny Grant	SEN	Kirkintilloch Olympians	4947
130	291	Donald McCaffer	VET	Motherwell AC	5035
131	173	GEORGE HEGARTY	SEN	Inverclyde AC	5111
132	94	Peter Rudzinski	VET	Clydesdale Harriers	5131
133	152	Alistair Wylie	VET	Helensburgh AAC	5134
134	210	Jim McLoone	VET	Kirkintilloch Olympians	5157
135	129	Alan Stewart	VET	Giffnock North AAC	5223
136	286	Graeme Orr	VET	Westerlands XC Club	5226
137	332	Peter Knudsen	VET	Motherwell AC	5258
138	73	Charles Steven	VET	Calderglen Harriers	5323
139	172	Tom Tracey	VET	Inverclyde AC	5259
140	177	Ian McManus	VET	Irvine AC	5426
141	65	Russell Couper	VET	Calderglen Harriers	5441
142	274	John McKinlay	VET	Troon Tortoises AC	5510
143	193	Robert Connell	VET	Kilbarchan AAC	5512
144	70	Colin Macdonald	VET	Calderglen Harriers	5619
145	80	Colin Jarvie	VET	Calderglen Harriers	5658
146	77	Malcolm Buchanan	VET	Calderglen Harriers	5738
147	287	Andrew Turnbull	VET	Westerlands XC Club	5935
148	181	David Kerr	VET	Irvine AC	3338
149	272	Owen Light	VET	Troon Tortoises AC	6816

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Sum of Pos			
Club	Name	Cat	Total
Ron Hill Cambuslang Harriers	Stephen Wylie	SEN	3
	Jamie Reid	SEN	5
	John Brown	VET	10
	David Rodgers	SEN	11
	KERRY WILSON	SEN	17
	Edward Stewart	VET	18
Ron Hill Cambuslang Harriers Total			64
Shettleston Harriers	Andy Little	VET	9
	Kenneth McCoy	SEN	12
	Paul Sorrie	SEN	13
	Stuart Greenway	U20	14
	Martin Graham	SEN	22
	Ian Johnston	SEN	25
Shettleston Harriers Total			95
Kilbarchan AAC	Conor McNulty	U20	1
	Fraser Williams	U20	19
	Calum Morrison	SEN	26
	James Snodgrass	SEN	29
	John McMillan	SEN	37
	Donald Petrie	VET	54
Kilbarchan AAC Total			166
Inverclyde AC	Mark Pollard	SEN	2
	Craig Ruddy	U20	4
	Graeme Hyett	SEN	8
	Thomas Jamieson	SEN	42
	Sean Gaffney	U20	47
	Jude Boulton	SEN	69
Inverclyde AC Total			172
J W Kilmarnock H&AC	Edward Tonner	SEN	23
	Iain Connell	SEN	30
	Keith Haining	SEN	31

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J W Kilmarnock H&AC	Steven McNeill	U20	39
	Scott Martin	SEN	63
	Leslie McDerment	SEN	94
J W Kilmarnock H&AC Total			280
Bellahouston Road Runners	Kenny Richmond	SEN	15
	Colin McGill	SEN	35
	David Tamburini	SEN	43
	Marcos Sanz Gomez	SEN	48
	Stewart Robertson	SEN	68
	Russell Whittington	SEN	75
Bellahouston Road Runners Total			284
Irvine AC	Alex Allardyce	SEN	55
	William Morgan	U20	57
	Douglas Con	VET	70
	John Moore	VET	81
	Brian Craig	VET	82
	James Sneddon	VET	99
Irvine AC Total			444
Clydesdale Harriers	James Austin	VET	21
	Craig Calderwood	SEN	58
	Augustine Cairney	VET	78
	Michael Diver	VET	93
	Bobby Rossborough	VET	100
	John Foley	VET	112
Clydesdale Harriers Total			462
Westerlands XC Club	David Riach	VET	50
	Chris Upson	VET	51
	Daniel Reid	VET	71
	David Calder	VET	72
	Brian Bonnyman	SEN	109
	Hamilton Semple	VET	119
Westerlands XC Club Total			472
Garscube Harriers	Lindsay Cunningham	SEN	38
	Euan Mackay	VET	56
	Robert McLennan	VET	74
	Marco Consani	SEN	90

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Garscube Harriers	James Taylor	SEN	102
	Paul Goddard	SEN	126
Garscube Harriers Total			486
Kirkintilloch Olympians	Alistair Allan	SEN	49
	Robert Rogerson	VET	77
	IAIN REID	VET	110
	Kenny Grant	SEN	129
	Jim McLoone	VET	134
Kirkintilloch Olympians Total			499
Calderglen Harriers	Stuart Gibson	SEN	46
	Alan Cullie	SEN	60
	Kenneth Davidson	SEN	86
	Ian Rae	VET	95
	Jim Holmes	SEN	103
	Graham Lindsay	VET	115
Calderglen Harriers Total			505
Helensburgh AAC	Damien Theaker	VET	59
	Paul Thompson	VET	61
	Erwin Losekoot	SEN	79
	Ross McInroy	VET	96
	Kenneth White	VET	101
	Alistair Wylie	VET	133
Helensburgh AAC Total			529

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Sum of Pos			
Club	Cat	Name	Total
Shettleston Harriers	VET	Andy Little	9
		Desmond Crowe	33
		Peter Carton	62
Shettleston Harriers Total			104
		Charles Murray	87
Victoria Park AAC Total			132
Ron Hill Cambuslang Harriers	VET	John Brown	10
		Edward Stewart	18
		Alexander Eaglesham	107
Ron Hill Cambuslang Harriers Total			135
Westerlands XC Club	VET	David Riach	50
		Chris Upson	51
		Daniel Reid	71
Westerlands XC Club Total			172
Clydesdale Harriers	VET	James Austin	21
		Jeremy Garnett	121
Bellahouston Harriers Total			209
Helensburgh AAC	VET	Damien Theaker	59
		Paul Thompson	61
		Ross McInroy	96
Helensburgh AAC Total			216
Irvine AC	VET	Douglas Con	70
		John Moore	81
		Brian Craig	82
Irvine AC Total			233
East Kilbride A.C.	VET	David J. Condra	67
		Graeme Haddow	84
		Gordon Colvin	97
East Kilbride A.C. Total			248
Kilbarchan AAC	VET	Donald Petrie	54
		Steven Hards	85
		Peter Knudsen	137
Motherwell AC Total			267
Kirkintilloch Olympians	VET	Robert Rogerson	77
		IAIN REID	110
		Jim McLoone	134
Kirkintilloch Olympians Total			321

West Districts Cross Country Championships Irvine
Saturday 10th December 2005

Inverclyde AC	VET	Robert Shaw	76
		John Smillie	108
		Tom Tracey	139
Inverclyde AC Total			323
Calderglen Harriers	VET	Ian Rae	95
		Graham Lindsay	115
		Gerard Mullen	116
Calderglen Harriers Total			326
Giffnock North AAC	VET	James Galbraith	111
		Martin Myant	113
		Andrew Donald	122
Giffnock North AAC Total			346
Troon Tortoises AC	VET	Alex Drain	117
		John McKInlay	142
		Owen Light	149
Troon Tortoises AC Total			408
Grand Total			4398